

## Special Diet Statement

School Food Authorities (SFAs) must make reasonable substitutions to meals on a case-by-case basis for children who are considered to have a disability that restricts their diet [7 CFR 210.10(m)]. According to the ADA Amendments Act, most physical and mental impairments will constitute a disability.

SFAs are not required to accommodate special dietary requests that do not constitute a disability, including requests related to religious or moral convictions or personal preference. If these requests are accommodated, SFAs must ensure all USDA meal pattern and nutrient requirements are met.

**This form is to be completed by a licensed physician, physician assistant, or an advanced practice registered nurse, such as a certified nurse practitioner. Updates to this form are required only when a child's needs change.**

Note: Parents may provide a written request for lactose-reduced milk if their child is lactose intolerant without a physician's signature.

### Participant Information

Participant's Name: Last/First/Middle Initial

Today's Date

Name of School/Center/Site Attended

Date of Birth

Parent/Guardian Name

Home Phone Number

Work Phone Number

### REQUIRED Information: Dietary Accommodation

1. State the allergen or food to be avoided:
2. Brief explanation of how exposure to this food affects the child:
3. List specific foods to be omitted and substituted. Attach a sheet with additional instructions as needed.

Foods to be Omitted	Foods to be Substituted

### Additional Information

**Texture Modification:**  Pureed  Ground  Bite-Sized Pieces

Other (specify):

**Tube Feeding:** Formula Name:

Administering Instructions:

Oral Feeding:  No  Yes

If yes, specify foods:

Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410

(2) fax: (202) 690-7442; or

(3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

This institution is an equal opportunity provider.