



<b>Menu Subject to Change</b>				
Monday	Tuesday	Wednesday	Thursday	Friday
		1-Dec	2-Dec	3-Dec
<p>Lancar Dining Services does not use peanuts, pork, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings.</p>		<p><b>Turkey w/ Gravy</b> WG Teabiscuit Mashed Potato Celery Peach Cup Raisins</p> <p>VEGETARIAN: Garden Burger ALTERNATE: Chicken Buffalo Wrap</p>	<p><b>EARLY RELEASE</b></p>	<p><b>ASYNCHRONOUS LEARNING DAY</b></p>
6-Dec	7-Dec	8-Dec	9-Dec	10-Dec
<p><b>Beef Hot Dog on WG Bun</b> Veg. Baked Beans Strawberry Applesauce Cup Ketchup PC</p> <p>VEGETARIAN: Cheesecake w/ Marinara ALTERNATE: Roast Turkey &amp; Cheese sandwich</p>	<p><b>Chicken Parmesan Sandwich</b> WG Hamburger Bun Marinara Sauce &amp; Shredded Mozzarella Green Beans Fresh Banana Raisins</p> <p>VEGETARIAN: Gardenburger ALTERNATE: Chicken Cheddar Wrap</p>	<p><b>Sweet &amp; Sour Chicken</b> Veg Brown Rice Fresh Broccoli Fresh Carrots Strawberry Cup Apple Juice Sweet &amp; Sour</p> <p>VEGETARIAN: Cheese Enchilada ALTERNATE: Chicken Buffalo Wrap</p>	<p><b>BBQ Chicken Sandwich</b> Corn Fresh Orange Peach Cup</p> <p>VEGETARIAN: Cheese Enchilada ALTERNATE: Southwest Chicken Wrap</p>	<p><b>Bosco Sticks 6" w/ Marinara</b> Fresh Carrots Fresh Apple</p> <p>VEGETARIAN: NONE ALTERNATE: Turkey Club Sub</p>
13-Dec	14-Dec	15-Dec	16-Dec	17-Dec
<p><b>Beef Meatball Sub on WG Hoagie Bun w/ Mozzarella Cheese</b> Fresh Carrots Fresh Broccoli Applesauce Cup</p> <p>VEGETARIAN: Tofu w/ Marinara ALTERNATE: Roast Turkey &amp; Cheese Sandwich</p>	<p><b>Breaded Chicken Patty Sandwich on WG Bun</b> American Cheese Shredded Lettuce Cuke Coins Fresh Apple Mayo PC</p> <p>VEGETARIAN: Garden Burger ALTERNATE: Chicken Cheddar Wrap</p>	<p><b>Sloppy Joe on WG Bun</b> Corn Fresh Carrots Peach Cup Raisins</p> <p>VEGETARIAN: Veggie Sloppy Joe ALTERNATE: Chicken Buffalo Wrap</p>	<p><b>Chicken Tenders</b> WG Tea Biscuit Veg Baked Beans Fresh Orange Strawberry Cup BBQ Sauce PC</p> <p>VEGETARIAN: Cheese Enchilada ALTERNATE: Southwest Chicken Wrap</p>	<p><b>Chicken Nachos</b> WG Tortilla Chips Shredded Cheddar &amp; Lettuce Fresh Broccoli Mixed fruit Cup Apple Juice</p> <p>VEGETARIAN: Vegetarian Taco Meat ALTERNATE: Turkey Club Sub</p>
20-Dec	21-Dec	22-Dec	23-Dec	24-Dec
<p><b>NO SCHOOL</b></p>	<p><b>NO SCHOOL</b></p>	<p><b>NO SCHOOL</b></p>	<p><b>NO SCHOOL</b></p>	<p><b>CLOSED</b></p>
27-Dec	28-Dec	29-Dec	30-Dec	31-Dec
<p><b>NO SCHOOL</b></p>	<p><b>NO SCHOOL</b></p>	<p><b>NO SCHOOL</b></p>	<p><b>NO SCHOOL</b></p>	<p><b>HAPPY NEW YEAR</b></p> <p><b>CLOSED</b></p>