



Menu Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
2-May Beef Meatball Sub on WG Hoagie Bun w/ Mozzarella Cheese Fresh Broccoli Applesauce Cup Fresh Carrots VEGETARIAN: Tofu w/ Marinara ALTERNATE: Roast Turkey & Cheese Sandwich	3-May Chicken Nacho Cheddar Cheese Shredded Lettuce Celery Fresh Apple Taco Sauce PC Tortilla Chips VEGETARIAN: Veggie Taco Meat ALTERNATE: Chicken Cheddar Wrap	4-May Sloppy Joe on WG Bun Corn Peach Cup Fresh Carrots Raisins VEGETARIAN: Veggie Sloppy Joe ALTERNATE: Chicken Buffalo Wrap	5-May Chicken Tenders WG Tea Biscuit Veg Baked Beans Fresh Orange BBQ Sauce PC Strawberry Cup VEGETARIAN: Lasagna Roll ALTERNATE: Southwest Chicken Wrap	6-May Beef Hot Dog on WG Bun Fresh Carrots Apple Ketchup PC VEGETARIAN: Garden Burger ALTERNATE: Roast Turkey & Cheese sandwich
9-May Pizza Chicken Burger on WG Bun Corn Niblets Fresh Apple VEGETARIAN: Gardenburger ALTERNATE: Roast Turkey & Cheese Sandwich	10-May French Toast & Turkey Sausage Fresh Carrots Fresh Cuke Coins Strawberry Cup Syrup PC Orange Juice VEGETARIAN: Omelette replaces Sausage ALTERNATE: Chicken Cheddar Wrap	11-May Beef Cheeseburger on WG Bun Veg Baked Beans Applesauce Cup Ketchup PC VEGETARIAN: Gardenburger ALTERNATE: Chicken Buffalo Wrap	12-May Chicken Marinara w/ Mozzarella Cheese WG Teabiscuit Brown Rice Fresh Broccoli Fresh Orange Applesauce Cup VEGETARIAN: Cheesebread w/ Marinara ALTERNATE: SW Chicken Wrap w/ Mozzarella	13-May Sloppy Joe on WG Bun Fresh Carrots Fresh Celery Sticks Fresh Apple Giant Graham VEGETARIAN: Veggie Sloppy Joe ALTERNATE: Turkey Club Sub
16-May Mac & Cheese Mixed Vegetable Applesauce Cup WG Tea biscuit VEGETARIAN: None ALTERNATE: Roast Turkey & Cheese Sandwich	17-May BBQ Drumstick w/ Veg Brown Rice WG Teabiscuit Fresh Carrots Fresh Banana Fruit Chef's Choice VEGETARIAN: Tofu w/ BBQ Sauce ALTERNATE: Chicken Cheddar Wrap	18-May Beef Hot Dog Hot Dog Bun Baked Beans Ketchup Applesauce Cup VEGETARIAN: Garden Burger ALTERNATE: Chicken Buffalo Wrap	19-May Softshell Beef Taco Corn Salsa WG 8" Tortilla Shredded Cheese & Lettuce Salsa Apple VEGETARIAN: Vegetarian Taco Meat ALTERNATE: Southwest Chicken Wrap	20-May Beef Cheeseburger on WG Bun Fresh Broccoli Fresh Cucumber Coins Fresh Orange Mixed fruit Cup VEGETARIAN: Gardenburger ALTERNATE: Turkey Club Sub
23-May Beef Hot Dog on WG Bun Veg. Baked Beans Strawberry Applesauce Cup Ketchup PC VEGETARIAN: Cheesebread w/ Marinara ALTERNATE: Roast Turkey & Cheese sandwich	24-May Chicken Parmesan Sandwich WG Hamburger Bun Marinara Sauce & Shredded Mozzarella Green Beans Fresh Banana Raisins VEGETARIAN: Gardenburger ALTERNATE: Chicken Cheddar Wrap	25-May Sweet & Sour Chicken Veg Brown Rice Fresh Broccoli Fresh Carrots Strawberry Cup Sweet & Sour Apple Juice VEGETARIAN: Tofu w/ Sweet and Sour Sauce ALTERNATE: Chicken Buffalo Wrap	26-May BBQ Chicken Sandwich Corn Fresh Orange Peach Cup VEGETARIAN: Lasagna Roll ALTERNATE: Southwest Chicken Wrap	27-May Chicken Fajita Bowl Brown Rice Fresh Carrots Fresh Apple VEGETARIAN: Veggie Taco Meat ALTERNATE: Turkey Club Sub
30-May  CLOSED	31-May Chicken Nacho Cheddar Cheese Shredded Lettuce Celery Fresh Apple Taco Sauce PC Tortilla Chips VEGETARIAN: Veggie Taco Meat ALTERNATE: Chicken Cheddar Wrap			Lancer Dining Services does not use peanuts, pork, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings.

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.